

Ballet in Balboa

JUNE 2017

Birthdays

June 1

Adelaide Murphy
Eden Reese
Sofia Yvellez

June 3

Henley Hazlewood
Julia Rodinec

June 11

Heebin Chae

June 17

Sofia Cattaneo

June 19

Scarlett Dubrow
Maevie Richardson

June 21

Jeriah Valentin

June 24

Sofia Guzman

June 25

Madeleine Hinds
Olivia Hinds
Renata Scorza Muniz

June 26

Marianna Czajka
Nicole Kaiser

June 27

Camila Barrera

June 29

Olivia Fieberg
Kamila Nunez

June 30

Daisy Samrock
Rebecca Sikorski

Bravo SDCYB Dancers and Parent Volunteers!

This year's annual *Spring Showcase* was a sell-out success! Nearly 400 SDCYB dancers participated in this school-wide production and over 1,300 audience members attended. Our annual Outreach Showcase included almost 400 students from around San Diego County who participate in SDCYB's Outreach Program. This was a wonderful opportunity for these students to perform on stage with lighting and costumes! **SDCYB would like to extend a big THANK YOU to all of the dancers, parents, families, staff and volunteers who made this production a success.** We appreciate all of your hard work, dedication, and continual support of our programs!

Spirit Week Returns to SDCYB!

SDCYB is hosting its fifth annual *Spirit Week*! Students of all levels can participate by dressing up for the theme of the day. As in the past, our Level 5/6 dancers chose the days for this week. **Spirit Week will take place June 12th—17th**, which is also the final week of the Spring Semester. **Here is the line-up for Spirit Week 2017:**

Monday (6/12): Star Wars Day

Release your inner Jedi and be one with the force! Are you on the Dark Side or part of the Rebel Alliance?

Tuesday (6/13): Beach Day

Here comes the sun, so be sure to bring shades! Don't forget to wear your swimsuit and slather on the SPF 45!

Wednesday (6/14): Twin Day

Pick a friend or two at SDCYB (staff or students) and dress alike!

Thursday (6/15): Dress Like a Teacher Day

Does your favorite teacher have their own unique style? Dress just like them!

Friday (6/16): 80's Day

Flashback to neon and leg warmers! Don't forget the side ponytail/bun!

Saturday (6/17): Super Ballet Day

Break out the tutus and crowns to celebrate your inner prima ballerina!

★ ★ Please note: Students must be able to FULLY and SAFELY dance in their spirit attire. If your clothing/costume prevents you from dancing safely and comfortably, please choose something that is more appropriate for ballet class. Please keep all outfits family friendly.

Important Dates

May 30

Summer Enrollment Begins for Current Students

June 6

Summer Enrollment Begins for New Students

June 12—17

Spirit Week

June 17

Last Day of Spring Semester

June 18—July 2

Summer Break—No Classes Held

July 4

SDCYB Office Closed for Independence Day

July 3

Summer Semester Begins (runs through August 26)

Update Your Contact Information

Please double check that your contact information in your JackRabbit Portal is updated and correct prior to enrolling your dancer each semester. This is extremely important in order for us to contact parents by phone or email. You may access your JackRabbit Portal through the Family Portal on our website. As a reminder, all current class and rehearsal schedules are posted on the Family Portal, as well as other important information. We also recommend that you review the Parent/Student Handbook every semester to remind yourselves and your students of our policies for all classes and performances. **The password to log-in to our Family Portal is always the current semester and year (ex: spring2017).** Anytime you move, change your email, or get a new phone number, please update your information and let us know. Thank you SDCYB parents!

Announcing SDCYB's Spring 2018 Ballet: A Midsummer Night's Dream

SDCYB is proud to announce that our Spring 2018 ballet will be the magical tale of William Shakespeare's *A Midsummer Night's Dream*. Mark your calendars and join us **April 4th—8th, 2018** for this enchanting production. More information will be available in January.

SDCYB Guild Social Hour

Save the Date! SDCYB will be hosting a **Guild Social Hour on Thursday, July 13th**. If you enjoy hanging out with your SDCYB family and want to learn more about the Guild, please stop by our first Social Hour! Email Miss Rachel at Rachel@sdcyb.org to RSVP and for more information!

SDCYB at the San Diego County Fair

SDCYB will once again be featured this year at the San Diego County Fair in Del-Mar! **Join us for a special Fair performance by SDCYB's Performance Ensemble on Sunday, June 4th at 3:00pm at the Showcase Stage.** See you at the Fair!

The San Diego County Fair runs from June 2nd through July 4th. Individual Day Tickets are \$18 for Adults and \$11 for Children ages 6-12 (Children 5 and younger are free). The Best Pass Ever (unlimited Fair admission for all 26 days) is only \$26!

Upcoming Performances Around Southern California

Malashock Dance presents

Minor Fall/Major Lift

Featuring SDCYB's Mr. Justin

June 1st—3rd, Lyceum Theatre, Downtown San Diego
Tickets and show times: www.malashockdance.org



Eifman Ballet presents

Red Giselle

June 16th—18th, Segerstrom Center for the Arts, Costa Mesa
Tickets and show times:
www.scfta.org/events/detail.aspx?id=14501

Summer Fun at SDCYB!

Classes, camps, and intensives, OH MY! Summer is a perfect time to practice ballet without regular schoolwork getting in the way. Be sure to enroll your dancer for our Summer Semester. Sign-up your dancer for a fun summer program that they are sure to remember!

Summer Classes: July 3rd—August 26th

SDCYB *Tiny Tots*—Level 6, and *Adult Beginners*

This 8-week semester features ballet classes for beginners through pre-professionals ages 4—Adult. **Enrollment begins on Tuesday, May 30th for current students, and opens to new students on Tuesday, June 6th.** We also want to let you know SDCYB's Homeschool Classes are open to all students (depending on their level placement). Our Homeschool Program is designed for students who are available to take class during the day. In the summer, your dancer may enjoy taking a class earlier in the day! We are also happy to announce that we will be bringing back our Beginning Adult class on Mondays from 7:00-8:30pm for the summer! We would love to see parents and/or older siblings try this class! To enroll in classes, parents can call or visit the office during our normal business hours (Monday through Friday from 12:00-6:00pm and Saturday from 9:00am-2:00pm). As a reminder, SDCYB accepts cash (no bills over \$50), checks, and all major credit cards.

★ ★ ★ We still have spaces left in our Summer Camps and Intensives! ★ ★ ★

Stop by the office for brochures and more information!

Please note that there are some slight schedule adjustments for certain classes.

Eat to Support SDCYB!

SDCYB is bringing back restaurant fundraising! **Join us on Thursday, June 15th at California Pizza Kitchen in Fashion Valley anytime from 11:00am-10:00pm!** Mention that you're there to support SDCYB and 20% of the proceeds from your meal goes towards SDCYB's programming!
To RSVP visit: www.groupraise.com/events/32595

Please contact Miss Rachel at rachel@sdcyb.org with any questions, or if you have a business that would like to participate in SDCYB fundraising efforts.

Teacher's Corner: Miss Brook's Intensive Tips

With several of our students spending their summer at different schools and companies around the country, including SDCYB, **Miss Brook thought it would be helpful to share what to expect at a Summer Intensive.** Summer Intensives can be a fun and exciting way to make big improvements in your dancing, meet new friends from around the country, and catch a glimpse of your idols at work! **Here are some tips to help you make the most out of your Summer Intensive experience:**

1) Label everything! That probably seems like odd advice, but you'd be surprised how many leotards, leg warmers, and skirts look the same. Mix-ups can happen, and if you lose something, having it labeled makes it easier for someone to return your lost item to you.

2) Be Open. You'll probably be studying with new teachers, and perhaps they will ask you to do something differently than how your teachers at home prefer. Don't resist the differences. There are many correct ways to execute certain steps, depending on the style and background of the person teaching. The more styles you are familiar with, the more versatile and adaptive your dancing will be.

3) Be Prepared. Have everything with you that the company/school tells you to take, and make sure your dance bag is supplied with anything else you might need. Take enough pointe shoes, and sew new ones when your old ones are dead. The teachers will expect you to have everything you will need with you for your classes. Proper preparation helps you feel more confident, and implies to the teachers that you take your work seriously.

4) Don't be afraid to be bold. While it is always important to be gracious to your fellow dancers, you want to get the most out of your classes. Don't be afraid to intermittently go in the first group or stand in the front row. Your teacher can see you no matter where you stand in class, but occasionally standing in front lets them know that you are confident and eager for input. If you are confused or want further clarification on something, raise your hand and ask your teacher. Asking intelligent questions shows that you are paying attention and thinking about what is being taught.

5) Get enough rest, and fuel your body wisely. It can be tempting to stay up all night in the dorms with your new friends or skip dinner and just eat junk food and dessert in the dining hall. Having fun is a great part of Summer Intensives, but your primary focus should be on your dancing. You won't be able to dance well or focus intently if you aren't taking care of yourself properly. You will also be more prone to injury, and who wants to spend their Intensive watching other people dance from the sidelines? Have fun, but be smart about it. ☺

6) Embrace your new friendships! One of the best parts of Summer Intensives are the new friends you make. Some of my longest lasting friendships have been with people I met at Summer Intensives, and that was before texting and social media, when we had to handwrite actual letters to keep in touch! If you stay in the dance world, you'll be surprised at how many times your paths will cross again, so introduce yourself to someone you don't know!